

Wealthy is having enough

According to Google, “abundant wealth” means having a ton of cash. Dig a bit further and the meaning is expanded to having an abundant mindset when it comes to wealth.

This is best explained by the story of the billionaire who infamously stated he made more money on a single day than his guest would make all year – to which the guest replied, but I have something you will never have, and that is enough.

If you compare yourself to others you may become bitter, as there will always be greater and lesser persons than you. Sadly, I know many well-off people who will never be rich enough no matter how much money they make, as they continuously strive for more while living unhappy and unfulfilled lives in the pursuit of even greater wealth.

The secret to living an abundant life is your mindset and begins with gratitude.

By expressing gratitude you appreciate what you have and, more importantly, how much you need, and it is a lot less than you think.

The cliché that the best things in life



Money Matters

Mark Williams

are free is true when you are living in the moment, just think of running on the beach, walking in nature or simply taking time to enjoy the sun on your face.

So as we approach the silly season, which kicks off with Black Friday tomorrow, take time to reflect on just how lucky you really are and spare a thought for those less fortunate.

Rita Mae Brown said: “Happiness is pretty simple: someone to love, something to do, something to look forward to.” – www.markwilliams.co.za